



Awakening Your Inner Healer  
Newsletter # 15 - October 2010

## Energy Vortex Reiki Class Schedule World Peace Meditation

Dear Friends,

It feels like a lifetime ago since I wrote the last newsletter, I have just returned from a wonderful family visit in Mauritius. Going home to Mauritius and coming home to South Africa... Where is home? I feel blessed to be a citizen of this planet with all its complexities. The most amazing part of my holiday was my visits to the Energetic Vortex, which I write about below.

Our Reiki Master weekend in the bush was magical as usual. Experiencing the mystery of ourselves and life in nature brings a sense of awe of our own divine nature and humility in the face of our humanity. For me mastery is an intimate relationship between our divine and animal nature, the journey from the base chakra to the crown chakra requires an open heart and human words fail to convey this experience. We can only talk about what made sense to us, but the great mystery remains just that!

Blessings and love  
Christine ☺

P.S. The Reiki I workshop on the 9<sup>th</sup> of October is the last one scheduled for this year if you are thinking of attending get in touch a.s.a.p. The Reiki workshop in Lusaka has been moved to the 6 and 7 November if you know someone in Zambia, pass the word on.

## Energy Vortex

From time immemorial, man has looked for places of high frequencies in numerous locations. **The Vortex:** A Center for the Body and Soul Healing is found in Riambel, a small village in the south of the island of Mauritius. Energies with intense vibratory level flow there in this isolated place in the middle of Filao trees; you can feel this wonderful and powerful vibration.

Guided by the Beings of Light, Cathy Muller was instructed to update 14 energy vortices in the world, the first activation was set in Mauritius on July 31, 2007. The role of these vortices, unique in vibrations and their virtues, is to enable interactivity between the different dimensions, including ours.

Cathy is of Swiss origin, It was after the death of her 10 year old daughter Lina, who died of cancer in 1999, that she started her search, wanting to understand, learn and above all keep in touch with her child. Cathy says that the years that followed were just as painful as a radiant new sun. This ordeal has taught her how to connect with the Source and the Masters who guide us, assisting us tirelessly with great patience and much love.

She was able to survive her grief, with the help of her daughter who communicated with her from the other dimension, helping her to become a bridge between heaven and earth in the Service of God.

### **The virtues of the vortices**

The energy flowing through this vortex is directly connected to the fifteenth dimension down from the depths of the universe. The energy cascades through this tunnel to the other side of the earth where there is an exit, a similar vortex. These passages are shaped like two circles overlapping one another. This energy circuit is reinforced by its visit on its outward and inward journey in parallel worlds also known as the Pleiades. There is only one channel in a flux and reflux, which does not obstruct each other because they form interlocking spirals. This pure energy comes from Source, enriched by various features of several dimensions higher than that of the earth that provokes an increased vibration for the planet in general. These tunnels connecting us to higher planes facilitate the interventions of Beings of Light, especially those specialising in energy therapies, the purpose of these vortices is mainly physical and spiritual healing.

In total there are 7 circuits, 14 inputs and outputs (Vortices), with different vibrational characteristics. The vortex found in Mauritius was the first to be active; there will be 13 others, not all of them have been discovered. (visit [www.vortexenergy.org](http://www.vortexenergy.org) for other locations) Whether they are known or not, does not affect their ability to assist earth in its ascension to the fifth dimension.

For those who stay in the vortex for at least twenty minutes, the energy spirals from the vortex quickly resolves problems caused by energy imbalances. In the case of more serious physical and psychological ailments, more specific treatments can be received on demand. It is the Celestial Physicians (some call them angels, guides or by many other names) that help you to heal. Certain interventions leave traces such as scars, which will disappear after three or four weeks.

During a rapid equilibration of energy pathways (chakras and meridians) the physical body, which is not in harmony with this balance will react. If there are symptoms of fatigue, malaise, dizziness, headache when leaving the vortex, be attentive to your body, which will tell whether you need the help of Doctors from Heaven to revitalize or operate on your physical body. This is where they then intervene, inspiration during the interventions of the heavenly assistants, will shed light on the reasons for your illness or lack of energy. It is then up to you to begin your healing by letting go (dropping your weights i.e. anger, worry etc. forgiveness is crucial to healing.) We can also use this connection to bring us closer to our guides, deepen our meditation, prayer, raise our vibrations, be inspired ... everybody's experience is unique according to their needs and requests.

The Vortex is under the responsibility of the Association Travailleurs De l'Amour (TDA) Messagers de l'Aube and is not connected to any religion. [www.lumieresdelaudela.com](http://www.lumieresdelaudela.com) Entering the vortex is stepping into another dimension, visitors must remain silent in this sacred place with respect and gratitude for the Beings of Light who are ready to assist and intervene on request if necessary. Every body has freedom of choice; it is a fundamental law of the teachings of Heaven.

Most information on the energetic vortex is in French. I am in the process of translating more information on this spiritual center. Click [here](#) if you would like to receive the translation and I will send it to you when it becomes available.

## **Reiki Class Schedule 2010**

**We are all healers; the memory of this lies within our Soul**

**Reiki is an amazingly simple technique that anyone can learn.**

The training is intensive and thorough; all classes are a combination of lectures, discussions, meditations, demonstrations and hands on practice. All techniques are explained, demonstrated and practiced so that each student becomes confident in their use. All attunements are given and a comprehensive class manual is included. Fees include refreshments, lunch and a certificate.

### **Usui Reiki Level I - R800**

Saturday 9 October 9h30 to 17h30

### **4 Week Course Wednesday Mornings**

Wednesday 06 / 13 / 20 / 27 October from 9h30 to 12h30

### **Reiki I Lusaka Zambia**

Saturday 6 – Sunday 7 November

### **Usui Reiki Level II - R1200**

Saturday 30 – Sunday 31 October 9h30 to 17h30

### **ART (Advanced Reiki Training) - Reiki Master**

No more classes scheduled for this year, contact me for a private course.

Click [here](#) for a registration form and more information

## World Peace Card Meditation

Wednesday, October 13, 7:30pm  
(Based on local time in your time zone)

You are invited to take part in the next World Peace Card Meditation. Please mark your calendar and forward this email to all your friends.

A World Peace Card group meditation has been scheduled for Wednesday, October 13 at 7:30pm. This is local time in your time zone. This method has been chosen because of the special effect it produces. As people meditate in each successive time zone the energy builds like a wave, which gets stronger and stronger as it circles the planet. Because of the higher dimensional nature of consciousness, the energy of peace will be transmitted for a full 24 hours and continue long after this.

For more information and World Peace Card Download go to:

<http://www.reiki.org/WPCM.html>

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Namaste

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