



Awakening Your Inner Healer
Newsletter # 16 - November 2010

**Create a Better Future For The Planet
Reflection Morning @ Bohareng
Lemurian Healing
World Peace Meditation**

Dear Friends,

You are invited to join us for one last get together before the year rushes to an end. Lynette and Michael (www.lifetime-experiences.co.za) have made their home in the exquisite surrounding of the Oorie Nature Reserve available to us. This day offers an opportunity to reconnect with one another and to connect with nature - to relax and share – have a Reiki session by the River – participate in a Lemurian group healing - meander along the banks of the Crocodile river – swim – walk the labyrinth or hike the hills within the peace and solitude of a private game reserve.

Bring your family children are welcome. There will be Christmas gifts to purchase, Lion inspiration cards, jewellery and Christmas cakes to raise funds for the Lions International Club. The cakes are baked and specially boxed by Albany Bakeries and are R55 each. Contact Lynette if you would like to buy one & she will make a plan to get it to you or you can collect on the 28th. E-Mail: lynette@lifetime-experiences.co.za
Cell: 083 307 5654

Date: Sunday 28 November

Time: 11h00

Bring: A picnic to share, picnic blanket, chairs, walking shoes, swimming costume & towel.

Please let me know if you are joining us and I will send you directions, I look forward to seeing you.

Blessings and love
Christine ☺

P.S. The Reiki I course in Lusaka, Zambia was well received by a wonderful and enthusiastic group, I look forward to going back in the New Year. There are no more classes scheduled for this year, the program for next year will be in the next newsletter I am available for private courses.



Give your family and friends a real treat this Christmas, a gift of love. Gift vouchers are available from Touch the Soul for: Reiki sessions / Crystal Light Therapy® / Reiki courses.

Create A Better Future For The Planet

On 11-11, 2010, one million people across the globe will mentally project a unified vision of a new paradigm for our species... a new reality. The very real physics that connects human consciousness with molecular structure will be harnessed en masse during the largest scale simultaneous manifestation transmission in recorded history. If you want to join visit: www.NewRealityTransmission.com all people, no matter which national origin, faith or spiritual belief, can participate together in a worldwide meditation for our planet.

Reflection Morning @ Bohareng

20 November 2010

09:00 to 13:00

BOHARENG 11 Barossa Road Kensington

Join me for a morning of reflection about healing where we will explore our divine nature. I will share some of my personal healing experiences; show a 30 minute DVD interview with Greg Baden visionary scientist, author and speaker where he speaks about "A conscious intelligent mind behind everything" And we will end the day with a short Reiki session.

All are welcome, any queries to be addressed to Ann at 011 618-3964 or Email: info@bohareng.co.za

A donation of R50 will be appreciated to cover the cost of venue and refreshments.

Lemurian Healing

Last month I attended a Lemurian Healing workshop, my curiosity was peaked when I read the following lines in the advert:

"Lemurian Healing Energy is said to have ten times the power of Reiki. This energy is very good for healing the Earth, and can also be used to heal people. Lemurian healing energy has a pure, wonderful, flowing vibration. It is very important and needs to be used to help the Earth and humanity as much as possible before we reach 2012 and then to prepare for the new Golden Age in 2032."

I am not clear how one measures the power of the healing energy or compares one to another. My Reiki Master crystal is a Lemurian crystal, which has always worked wonderfully with Reiki. Lemurian healing is by harmonic convergence and my experience of the Lemurian group healing session was beautiful warm, nurturing and

healing. It was interesting to learn about the Lemurians and the origins of the crystals.

Lemurian crystals are activated when we resonate at the fifth dimension, the crystal simply will not work if a person's vibrational energy is not fifth dimensional. The higher energies will not let us learn about healing with the crystals unless we have the spiritual maturity to use them with integrity.

Lemurian healing works best in a group, anyone can participate in a Lemurian healing group as long as they have a passion to heal the earth and love nature.

If you feel particularly aligned with nature and called to help the earth and humanity move into the Golden age, The Diana Cooper School is offering Lemurian Crystal Healing Courses to all members of the School and also to the general public. For more information contact Carol Vasconcelos
Cell: 084 500 1478 - Email: carol@angelawareness.co.za

World Peace Card Meditation

Wednesday, November 17, 7:30pm
(Based on local time in your time zone)

You are invited to take part in the next World Peace Card Meditation. Please mark your calendar and forward this email to all your friends.

A World Peace Card group meditation has been scheduled for Wednesday, November 17 at 7:30pm. This is local time in your time zone. This method has been chosen because of the special effect it produces. As people meditate in each successive time zone the energy builds like a wave, which gets stronger and stronger as it circles the planet. Because of the higher dimensional nature of consciousness, the energy of peace will be transmitted for a full 24 hours and continue long after this. For more information and World Peace Card Download go to:
<http://www.reiki.org/WPCM.html>

Thank you for allowing me to share with you, you may unsubscribe to this newsletter at anytime by replying to this email with the word remove in the subject line. Please pass it on to anyone you feel may be interested and benefit.

Namaste

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